

# YOUR WEEKLY ACTIVITIES

May 13 - 19, 2024



## PURIA ACTIVITIES

\* = Meeting point at Spa reception | Registration one day prior (until 7 pm) | free of charge



## KLEINWALSERTAL ACTIVITIES

\* = Registration minimum one day prior at the front desk or at Walserhaus | partly chargeable



## IFEN HOTEL ACTIVITIES

\* = Registration minimum one day prior at the front desk | free of charge

MONDAY 05/13/2024	TUESDAY 05/14/2024	WEDNESDAY 05/15/2024	THURSDAY 05/16/2024	FRIDAY 05/17/2024	SATURDAY 05/18/2024	SUNDAY 05/19/2024
<b>7.30 - 11 am</b> IFEN Breakfast	<b>7.30 - 11 am</b> IFEN Breakfast	<b>7.30 - 11 am</b> IFEN Breakfast	<b>7.30 - 11 am</b> IFEN Breakfast	<b>7.30 - 11 am</b> IFEN Breakfast	<b>7.30 - 11 am</b> IFEN Breakfast	<b>7.30 - 11 am</b> IFEN Breakfast
<b>10 am - 2.30 pm</b> Horse-drawn carriage ride* from Ferienhof Hammerer in Hirschegg-Au price: € 25 / pers.	<b>10 am - 2.30 pm</b> Horse-drawn carriage ride* from Ferienhof Hammerer in Hirschegg-Au price: € 25 / pers.					<b>8 - 8.30 am</b> Aqua fit* at PURIA indoor pool
<b>10.30 - 11.30 am</b> Guided hike along the alpine flower trail at Walmendingerhorn Meeting point: Terrace Walmendingerhorn mountain station						
<b>2 - 4 pm</b> Snack / Jause	<b>2 - 4 pm</b> Snack / Jause	<b>2 - 4 pm</b> Snack / Jause	<b>2 - 4 pm</b> Snack / Jause	<b>2 - 4 pm</b> Snack / Jause	<b>2 - 4 pm</b> Snack / Jause	<b>2 - 4 pm</b> Snack / Jause
<b>2 - 3.30 pm</b> Guided tour Heini Klopfer ski jump, Oberstdorf* Meeting point: Jump run-out	<b>2 - 4 pm</b> Herbs walk with herbalist Susanne* Get to know wild herbs and get tips for the kitchen and medicine cabinet price: € 15 / person		<b>2 - 3.30 pm</b> Guided tour Heini Klopfer ski jump, Oberstdorf* Meeting point: Jump run-out	<b>4 pm</b> Steam peeling at the steam bath	<b>5 - 5.30 pm</b> Sauna infusion "Magic meadows" at the Finnish sauna	
	<b>5 pm</b> Steam peeling at the steam bath			<b>5 - 5.30 pm</b> Sauna infusion "Forest walk" at the Finnish sauna	<b>5.30 pm</b> Steam peeling at the steam bath	<b>5 pm</b> Steam peeling at the steam bath
	<b>6 - 6.30 pm</b> Sauna infusion "Alpine breeze" at the Finnish sauna			<b>6 - 6.30 pm</b> Sauna infusion "Glacier breeze" at the Finnish sauna	<b>6 - 6.30 pm</b> Sauna infusion "Fresh & Fruity" at the Finnish sauna	
<b>6.30 - 9 pm</b> Dinner	<b>6.30 - 9 pm</b> Dinner	<b>6.30 - 9 pm</b> Dinner	<b>6.30 - 9 pm</b> Dinner	<b>6.30 - 9 pm</b> Dinner	<b>6.30 - 9 pm</b> Dinner	<b>6.30 - 9 pm</b> Dinner
				<b>in the evening</b> Live music at the Alpenlounge	<b>in the evening</b> Live music at the Alpenlounge	